

Professional Aftercare for your Body Piercing

YOUR NEW PIERCING — By choosing Elite Body Piercing, you can be assured that your piercing has been performed appropriately, and that the very highest standards of technique and sterilization have been used. In order to ensure that your new piercing heals quickly and without complications, an appropriate aftercare regimen must be followed.

All of our suggestions are made based on our own experience and research, and also on that of other professionals in the piercing industry. Since you have already trusted us to perform your piercing, please follow through and trust in our judgment regarding care of your new adornment. What follows is a general outline of information regarding a new piercing. For more detailed information, don't hesitate to call us.

WHAT TO EXPECT your piercing may be slightly swollen, bruised and tender for a few weeks. It may bleed slightly. It will typically have a slight discharge, whitish-yellowish, that can form into a crust on the jewelry. These "CRUSTIES" are the bodies' waste material generated from the healing process.

WHAT ABOUT INFECTION? Most piercing infections are a direct result of touching the piercing or jewelry with unwashed hands, contact with other people's bodily fluids during the healing period, contact with hair, cosmetic products, dirty clothing or dirty bedding.

SIGNS OF INFECTIONS— Although these signs may indicate other problems, common signs of an infection are; severe redness, swelling or hardness around the piercing, pain, particularly throbbing pain, warm to the touch, thick discharge: yellow or green in color (not to be mistaken with the normal whitish-yellowish discharge).

WHAT IF I SUSPECT AN INFECTION? Do not remove the jewelry!!! Doing so can create an even larger problem by trapping it inside the piercing, and closing off access to infected areas. A visit to your piercer may shed light on your situation; however, the only people that can diagnose or treat infections are physicians. An infection in a piercing can lead to more serious complications if left untreated.

WHAT ABOUT REJECTION? Not every piercing can heal successfully. All piercings have the potential to reject (migrate, grow out, etc), although some are more likely to do so than others. When a piercing rejects, the jewelry may appear to be moving towards the surface, or the piercing may become shallower. The piercing site may be red, and a clear discharge may be present. If you are concerned about rejection please contact one of our piercers.

WHAT ELSE HELPS? Leaving your piercing alone (meaning, touch only when cleaning). Eating healthy and nutritious is crucial. Products such as antibiotic-ointments, peroxide, alcohol, Bactine or Ear Care type antiseptics do more harm than good.

WHAT TO USE We suggest the use of a mild, liquid anti-bacterial/anti-fungal soap such as SATIN. Other acceptable products include liquid, anti-bacterial SOFTSOAP and liquid antibacterial ALMY.

CLEANING: this is to be performed 1 to 2 times a day. The best place to do this is in the shower. Be sure it is the last thing you do in the shower. Lather the liquid soap completely. Place the soap onto the piercing working the soap all around the area. Slowly move the jewelry back and forth 3 to 4 times, wait about 30 seconds. Let the warm water run on the piercing while you move the jewelry back and forth 4 to 5 times to rinse. When you dry off use some cotton swabs or gauze for the around the piercing.

NOW WHAT? You should not mess with your piercing, let it relax, let it heal. There is no reason for you to touch it. This only prolongs your healing. Please do not touch unless you are washing or doing your sea salt soaks.

SEA SALT SOAKS: It is best to do this before you go to bed. Sea salt can normally be purchased at Elite or at most grocery stores. You can not use table or any other kind of salt. Mix 1/8 of a teaspoon with 8oz of warm water in a clean cup, mix well. Now depending on where the piercing is you can either form suction around the piercing with the cup and let soak for at least 10 minutes. The other way is to use cotton swabs and soak them in the salt water then work them around the holes, be generous. Do not dry completely around the holes, this will dry on its own.

PLEASE KEEP THIS FORM SO YOU CAN LOOK BACK TO IT IF YOU NEED HELP OR CALL US AT

(843)448-2424. WE ARE OPEN 7 DAYS. 673 Robert Grissom Pkwy. Myrtle Beach S.C. 29577

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HEALING TIMES MAY VARY _____ YOUR PIERCER _____